

SAIL PASSPORT

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SENIORS ACTIVE IN LEARNING

Fall 2009

SAIL Roundup

Celebrate the beginning of a new school year

Courtyard Campus

September 2, 2009

1:00 p.m.



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SAIL OFFICERS

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Leadership SAIL - 2009



Clockwise from top left: Fred Baron, Lucy Rasmussen, Bill Sheldon, Mona Melwani, Murli Melwani, Mary Ann Brown, Elizabeth Whaley, Lyn Knowles.



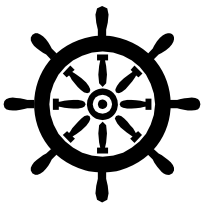
(Judith Boyle was a late, welcome addition to the leadership group)

Leadership SAIL. Another group of dedicated volunteers has stepped forward to assume a leadership role in SAIL. We look forward to utilizing all of these helping hands and we delight in the new energy and creative ideas they bring to the organization.

New classes coming this fall.

Three SAIL members will be presenting classes for the first time. Fred Baron will offer a course in "fishing and kayak fishing." Ann Grant will

explore what's happening in the kitchen in her class, "everything but the cooking," and Susan Ricks invites us to view a live performance of the Metropolitan Opera - at the Tinseltown Theatre in Plano. Michael Booth has lectured across the U.S., Europe, and Asia and promises to explain "the 21st century global economy" in terms we can understand. Psychotherapist Ramana Karkus will present "wellness and longevity," a course based in part on the book "Healthy Aging" by Andrew Weil. Sonia Meltzer will teach historical literature, beginning with "Clan of the Cave Bear" by Jean Auel, a story that took place some 35,000 years ago. Retired architect and CE instructor, John Donaghey will teach "sketching for the fun of it."



Corner by Muriel Dean

Captain's

Seven years ago, I left a corporate career that had been my comfort zone for more than thirty years. By chance, I read an announcement of a Seniors Active in Learning presentation featuring Dr. Cary Israel. I had never heard of SAIL but I had heard of him so I went. Afterward, a smiling lady approached and introduced herself. Her name was Phoebe Planick. She warmly invited me to join SAIL sharing how much she enjoyed the classes and how the organization had helped ease her transition from NYC to Texas. Phoebe had just given me a very special gift...a soft landing. A few years later, out of the blue, Ann Grant asked if I would consider serving on the SAIL board as treasurer. How could I refuse? SAIL had done so much for me. Fast forward to 2009. It is my honor to succeed Howard Fields as president of the SAIL board. Under Howard's stewardship, SAIL has continued to thrive. In fact, SAIL is now in its thirteenth year. Armed with awareness of the legacy of SAIL and with anticipation of future opportunities, we set course for 2009-10.

The SAIL board and its committees have already kicked off the new year. As always, we began with Leadership SAIL (May 5), a half day seminar designed to give potential leaders an opportunity to learn more about the organizational infrastructure. Loreta Hickey, one the founding members, delivered a captivating history of SAIL. Outgoing and incoming board

officers and committee heads offered synopses of their responsibilities. Finally, Dr. Simon Lane patiently walked us through the fine points of parliamentary procedure.

Directly following Leadership SAIL, the executive committee, comprised of board officers and committee chairs, had its kickoff meeting. All SAIL members owe heartfelt thanks to committee members who do the bulk of the detail work.

Finally, kudos to Betty Kilmer who has done a yeoman's job booking three wonderful speakers for the much anticipated brown bag lunch summer series. Over 150 people attended the Rose-Mary Rumbley presentation on June 11th.

Enjoy your summer and keep cool. As the song says -- "See You in September."



After the annual meeting, Howard Fields handed the gavel to our new president, Muriel Dean

SAIL Standing Committees

Members of the Board of Directors and four standing committees form the basis of the SAIL organization. We salute these wonderful volunteers, without whom SAIL could not function.

Curriculum Committee - Howard Fields, Chair

According to our by-laws and policies, the curriculum committee shall: "plan, arrange and schedule courses, select faculty, conduct faculty orientation sessions and coordinate registration."

As the newest member and chairman of the curriculum committee, I decided to call upon Phoebe Planick, a charter member of SAIL and someone who has served on the curriculum committee for the past twelve years, to tell me about the philosophy and goals of this committee.

Phoebe replied that SAIL presents interesting, thought provoking, original and professionally conducted courses. These courses have to be exciting and

challenging. The goal is to enrich and prolong our senior's lives. We offer courses on subjects that would transcend the knowledge of our participants. According to Phoebe, "SAIL saved my life!"

Committee members are Sue Bailey, Lewis Burton, Barbara Fix, Loreta Hickey, Jack Jordan, Dr. Simon Lane, Madeline Meyer, Nelson Parsons, Phoebe Planick, Lucy Rasmussen, Barbara Roth and Beverly Webb.

SAIL Standing Committees

Social Committee - Deborah Worthington, Chair



The Social Committee plans the Holiday Luncheon and the Spring Fling. We choose the date, location, menu and entertainment and work closely with the curriculum and membership committees to make these events extra special. We're responsible for food and greeting

new folks at the Fall Round-up as well as coordinating lunches and brunches through out the year. This past May we set up the Meadows Museum tour and are planning a trip to the Dallas Aquarium in October. We also provide information on community events such as plays held at Collin College. If you like to organize events, meet and greet new people or discover new places to eat, we'd love to have you join the Social Committee. "Many hands make light work, and add to the fun!" Committee members are Barbara Ashby, Judith Boyle, Mary Ann Brown, Jo Covin, Phyllis Gasmann, Betty Givens, Mary Hansen, Betty Holmes, Barbara Locke, Mona Melwani, Lucy Rasmussen, Bobbie Watson, and Elizabeth Whaley.

Membership, Promotion and Publicity Committee - Phyllis Morris, Chair



As you eagerly open the envelope that contains the current SAIL Passport, or social activities calendar, or registration materials, you probably give little thought to how it actually comes to be sent to you.

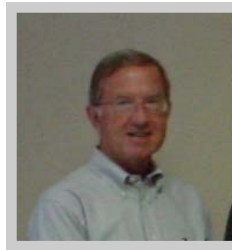
Welcome to the Membership, Promotion and Publicity Committee. We are responsible for ensuring that everything mailed to the members (via snail mail, that is) gets properly assembled and placed in an envelope with a mailing label and return address. It may not sound like fun, but those committee members who help with the mailings find that there is ample opportunity to get to know each other, solve the problems of the world, and provide information to our members—all at the same time.

We would be lost without Jean Martin, who actually prepares all the materials being mailed out, maintains the membership register, and responds to queries generated by our outreach efforts. We also serve as hosts at the Brown Bag Luncheons, which involves

selecting potential speakers, negotiating their appearances, publicizing the events, obtaining door prizes for attendees, staffing the registration table, and being available for any questions that may arise during the luncheon. Betty Kilmer provides the lion's share of the effort.

Finally, we try to maximize the amount of publicity received by SAIL by contacting newspapers, distributing flyers, and promoting SAIL whenever possible. Committee members are Shirley Burnett, Barbara Davis, Ann Grant, Clare Islip, Betty Kilmer, Mona Melwani, Wanda Rubrecht, Shirley Strozewski and Elizabeth Whaley.

Finance Committee - Ron Maxon, Chair



The Finance Committee reviews the financial condition of SAIL including annually reviewing the budget requests of the other three standing committees and considering the long term financial needs of SAIL. The Committee makes recommendations to the Board on dues, fees and

committee budgets. In 2009, the Committee studied the issue of an appropriate financial reserve level for SAIL. Looking to the future, in 2010 or 2011 when SAIL approves a new Strategic Plan, the Finance Committee will use the plan to reconsider and re-evaluate the long term financial needs of SAIL.

The Finance Committee is chaired by the SAIL Treasurer who regularly monitors the receipt and expenditure of SAIL funds. The day-to-day receipt, disbursement and reconciliation of SAIL funds is managed by the SAIL Coordinator. The Treasurer and Coordinator report financial results monthly to the SAIL Board of Directors. Committee members are Muriel Dean, Clare Islip, Walt Knochenmus, Madeline Meyer and Beverly Sellers.

Retiring committee chairs (from left) Sue Bailey, Betty Givens and Ann Grant. Betty received special recognition at the Spring Fling for chairing the Social Committee for 12 years!



News and Notes

Honoring Our Heroes

June 6, 2009



(From left, Dick Roberts, John Hemmert, Marli Davis, Kathy Leon, Lorinda Henry)

SAIL History Club Co-Directors Marli Davis and Richard Cudlipp welcomed speakers and guests on this special day to honor those men and women who fought and those who died to secure freedom from aggression. Memories of their gallant efforts were sparked anew by members and guests who gave presentations, shared family photos, and reminisced about personal family experiences.

SAIL member and featured speaker Dick Roberts gave a presentation on his personal experiences as an Army Officer serving in Korea in 1953 as a Forward Observer and a Field Artillery Battery Commander. He set the scene by showing a film that covered the war's highlights, followed by a Power-Point presentation of personal photos that brought alive the setting and living conditions. Especially surviving Korea's bitter winter, which was an enemy in itself. He shared about awakening one morning to find his boots frozen deep in the dirt floor beside the cold stove that had been steamy hot the night before.

Other speakers rounded out the day. Guest speaker John Hemmert displayed WWII family mementoes and gave a testimonial presentation about his father's service in that war as an Air Force pilot. Newly ordained Army Chaplain, Lorinda Henry, shared her experiences in aiding the survivors of both the bombing of the Murrah Federal Building in Oklahoma City in 1995, and also at Ground Zero in New York on 9/11. SAIL member Kathy Leon brought family photos taken before the D-Day invasion. Certain photos were very special: They showed her parents on their wedding day in England...the day before the actual invasion. Her father, as an Army soldier, sped back to his base in time to join his company. Their honeymoon was put on hold until the end of the war.

SAIL member Marli Davis put the finishing touch on the afternoon by exhibiting her series of charcoal drawings of a soldier, living through phases of his military service. Marli captured his innermost feelings by her outward rendering of his heartfelt expressions.

After a Q and A session, the afternoon wound down with speakers and guests perusing the displays and also exchanging remembrances. We can thank Marli and Richard for making the day possible: A day to remember as we remember all those who gave their time, commitment, and lives for freedom.

--- by Sally Roberts

Field Trip to Meadows Museum

The thirty-five SAIL members who visited the Meadows Art Museum at SMU on May 12 learned what "old" really is. The Etruscan art in the visiting exhibit dated back to the 9th Century B.C.E. The Meadow's docents did a great job explaining the ancient civilization of the Tuscan area of Italy. There was also time to view the Old Masters and Spanish art in the Meadows permanent exhibit. DART provided SAIL free transportation through their outreach program.

Book-in-Common

The Book-in-Common program is a year-long series of events focusing on one book. The purpose is to get as many students as possible to read the same book and come together to discuss it. This year's book, "The Poe Shadow," is a fictional depiction of the mystery and intrigue surrounding the death of Edgar Allan Poe. The plot revolves around a young attorney who turns private investigator to unravel the mystery. Author Matthew Pearl has taught literature at Harvard and at Emerson College. He will make three appearances at Collin College on October 14th and 15th. Our visiting professors on September 10, Betty Bettacchi and Dolores Zumwalt, will fill us in on all the details.

Brown Bag Lunch

Rose-Mary Rumbley (far right) was our first brown bag speaker. Shown here with the lucky winner of one of her books, she spoke to us about "four books everyone should read."

